

Kate Heywood

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Kate is an associate in the employment team.

She advises employers and senior executives in a range of sectors, including financial services, start-ups and entrepreneurs, life sciences, charities and the creative industries. Her work covers the whole employment relationship and involves both contentious and non-contentious matters. Having studied Psychology at university, Kate has a particular interest in workplace mental health.

During her training contract at the firm, Kate spent six months in each of the Corporate, Family and Real Estate teams.

Talks

- [Tech monitoring for mental health: issues and good practice for UK employers](#) - Withersworldwide, April 2021
- [Growing together: protecting children's mental health during separation](#) - Withersworldwide, February 2022

External publications

[Tech monitoring for mental health: issues and good practice for UK employers](#)

[Growing together: protecting children's mental health during separation](#)

Admissions

England & Wales (2022)

Education

University of Oxford, BA (Hons) Experimental Psychology

BPP University, GDL (Distinction)

BPP University, LPC (Distinction)

Languages

English

Memberships

Employment Lawyers Association, Industrial Law Society

Key dates

Year joined: 2020

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